



Request for Proposals

Menomonie High School

Unified Strength and Speed Training

April 21st, 2018

Menomonie High School

1715 5th St W, Menomonie, WI 54751

(715) 232-2606

To whom it may concern,

The Menomonie High School is accepting proposals from Strength and Fitness organizations to provide a unified strength and speed training to its student athletes. We invite your organization to submit a proposal by Tuesday May 8th, for consideration. A description of our shared vision, the needed services, and any other pertinent information is included below.

Shared Vision

Menomonie High School prides itself on the development of the multi-sport athlete. It is the goal of the Athletic Department to serve and direct student-athletes along a path combining their educational pursuits with their athletic participation. The expectation is to reach the highest level of program success and student growth in all measures and within each team. Recognizing the overall positive production of our programming reflects upon the quality of athletes and coaches. Taking a “whole student” approach allows MHS to develop each athlete in a multidimensional way. It is imperative to these student athletes and their coaches to promote such growth and impact mass development by providing cross-curricular programming to assist in unifying MHS.

Needed Services

MHS is looking to add a School Wide Strength and Speed Program that will benefit every student athlete and all athletic programs.

The anticipated benefit of this service includes:

- *Improve and unify MHS athletics to ensure the Multi-Sport athlete is a focal point.*
- *Impact ALL sports programs and grow EVERY student athlete.*
- *Provide coaches a direct on-site expert trainer to develop the whole student.*
- *Provide a structured plan for athlete growth and improvement.*

- *Provide a shared training vision among coaches.*
- *Provide Individual Athlete seasonal feedback on growth.*
- *Improve Athlete Explosiveness, Power, and Quickness*
- *Improve Overall Muscle Endurance and In-Game Stamina*
- *Improve Flexibility, Coordination, Reaction, and Muscle Retention*
- *Be uniform in the form, technique, and approach to strength and speed training.*
- *Avoid "Cross-Training" athletes, eliminate burn-out, and prevent injuries.*

Services to be Performed

1. Assist and lead a unification among sports teams in strength and speed coordination.
2. Train All MHS Sports Teams and Athletes
3. Provide Bi -Weekly Team "In-Season" Programming (Fall, Winter, Spring)
4. Provide Tri Weekly Individual "Off-Season" Programming (Fall, Winter, Spring)
5. Prepare Tri Weekly Mass "Off-Season" Programming (Summer) (TBD)
6. Provide Individual Seasonal Athlete Feedback
7. Provide Team Improvement Feedback
8. Provide Seasonal Comparative Data

Key Personnel

The Following are key contacts for information you may seek in preparing your proposal:

Mr. Caleb Hundt - Athletic Director
caleb_hundt@msd.k12.wi.us
 651.347.4198

Ms. Sheila Stori - Administrative Assistant
sheila_stori@msd.k12.wi.us
 715.232.2606

Requests for additional information, visits to our school, review of prior programming, and/or appointments with the athletic director or individual coaches should be coordinated through contacting the above personnel.

Your Response to This Request for Proposal

In responding to this request, we ask you to prepare the following information:

1. *Detail your organization's experience in providing strength and speed programming to schools of a comparable size to Menomonie High School.*
2. *Provide information on whether you provide services to any related industry association.*
3. *Discuss the organization's independence with respect to Menomonie High School.*
4. *Discuss commitments you will make to staff and student continuity.*
5. *Identify any large scale clients your organization has lost in the past two years and the reasons associated with the loss.*

6. *Identify the manager and incharge training specialist who will be assigned to our job if you are successful in your bid, and provide biographies.*
7. *Describe how your organization will approach the “growth and feedback” of the training.*
8. *Set forth your fee proposal for the 2018-2019 school year, directly for the fall, winter, and spring season. Include a separate proposal for the summer/off-season program. Also provide whatever guarantees can be given regarding increases in future years.*
9. *Provide the names and contact information for other, similarly sized clients of the organization and training specialist that will be assigned to our organization for reference.*
11. *Describe how and why your organization is different from other organization’s being considered, and why our selection of your organization as our independent school wide program is the best decision we could make.*
12. *Include a copy of your organization's recent client feedback statements.*

Evaluation of Proposal

Menomonie High School will evaluate proposals on a qualitative and analytical basis. This includes an overall review of the proposal, organizations references, related materials, interviews with the training specialist personnel to be assigned, results of discussions with other clients, and the organizations completeness and timeliness in its response.

This is a negotiated contract process not a sealed bid process. Therefore, the Menomonie High School and the selected organization will attempt to negotiate a contract once a vendor is selected from the proposals. The School District of the Menomonie Area reserves the right to reject any or all proposals or portions thereof, and to accept any proposals or portions thereof that may be the most advantageous to the School District.

Please submit your response to this request for proposal by Tuesday, May 8th

Sincerely,



Mr. Caleb Hundt,
MHS Athletic Director
caleb_hundt@msd.k12.wi.us
651.347.4198